



# Rehabilitation Services

## Pelvic Health Physical Therapy Referral

evergreenhealth.com

Phone: 425-899-1960 Fax: 425.899.3131

Patient Name: \_\_\_\_\_ Patient DOB: \_\_\_\_\_

Patient Phone Number: \_\_\_\_\_

Physician Name (please print): \_\_\_\_\_

### DIAGNOSIS

- \_\_\_ OB/GYN Musculoskeletal
  - \_\_\_ Coccygodynia (724.79)
  - \_\_\_ Diastasis Recti (728.84)
  - \_\_\_ Groin/Pubic Pain (719.45)
  - \_\_\_ Ligament Laxity (728.4)
  - \_\_\_ Low Back Pain (724.2)
  - \_\_\_ OB Low Back Pain (724.5)
  - \_\_\_ Osteoporosis (733.00)
  - \_\_\_ Rib Pain (724.1)
  - \_\_\_ Sciatica (724.3)
  - \_\_\_ Thoracic Outlet Syndrome (353.0)
  - \_\_\_ Other: \_\_\_\_\_

- \_\_\_ TENS for Labor and Delivery
- \_\_\_ Pelvic Floor Pain / Tension
  - \_\_\_ Abdominal Pain (789.0)
  - \_\_\_ Chronic Constipation (564.0)
  - \_\_\_ Dyspareunia (625.0)
  - \_\_\_ Levator Ani Syndrome (625.9)
  - \_\_\_ Piriformis Syndrome (355.0)
  - \_\_\_ Vaginismus (625.1)
  - \_\_\_ Vulvar Pain (625.9)
  - \_\_\_ Other: \_\_\_\_\_

- \_\_\_ Pelvic Floor Laxity
  - \_\_\_ Cystocele (618.0)[circle grade: 1° 2° 3°]
  - \_\_\_ Rectocele (618.0)[circle grade: 1° 2° 3°]
  - \_\_\_ Uterine Prolapse (618.1)
  - \_\_\_ Other: \_\_\_\_\_

- \_\_\_ Incontinence / Urinary Issues
  - \_\_\_ Stress Urinary Incontinence (F 625.6, M 788.32)
  - \_\_\_ Urge Urinary Incontinence (788.31)
  - \_\_\_ Mixed Urinary Incontinence (788.33)
  - \_\_\_ Fecal Incontinence (787.6)
  - \_\_\_ Urinary Frequency (788.41)
  - \_\_\_ Nocturia (788.43)

- \_\_\_ Post-Surgical Status
  - \_\_\_ Bladder Suspension
  - \_\_\_ Caesarian Section
  - \_\_\_ Episiotomy
  - \_\_\_ Hysterectomy
  - \_\_\_ Laparoscopy
  - \_\_\_ Mastectomy
  - \_\_\_ Other: \_\_\_\_\_

### TREATMENT

\_\_\_ Evaluate and Treat      Other \_\_\_\_\_

\_\_\_ Contraindications / Precautions: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_