



## DOT Medical Exam Certificate

Thank you for choosing EvergreenHealth for your care today. To improve highway safety and your health, we are happy to partner with you in achieving the goals set by FMCSA (Federal Motor Carrier Safety Administration).

Our providers are specially trained and are certified through the National Registry of Certified Medical Examiners (National Registry) to perform the fitness medical examination. They understand the busy work schedules, responsibilities, and physical and emotional demands involved in being a driver. It is the medical examiner's obligation to establish whether a driver has a disease, an injury or habits resulting in a higher than acceptable likelihood of incapacitation or death, which could endanger the driver and public safety. To assess that, we follow guidelines set by FMCSA.

### **What happens during the medical certification visit?**

During your DOT visit, your provider will:

- review your health history;
- review your medication list, including over-the-counter medication;
- check your vision, hearing, urine and blood pressure;
- check your height and weight, and perform an essential medical examination;
- educate you about changes you could make to improve your health and help ensure public safety;
- fill out the Medical Examiner Certificate and determine if you are, or are not, medically qualified for driving, and the time period for recertification;
- determine if medically qualified or not for driving and time period for recertification. History of certain conditions may be the cause for rejection particularly if required by regulation or may indicate the need for additional testing or specialist's evaluation.

### **What to bring for the certification that will expedite the process**

- Corrective glasses/lenses if required for driving
- Hearing aid if required
- Any prior certificate or exemption (e.g., diabetes, Skill Performance Evaluation certificate, clearance from substance abuse program)
- List of medications
- Please complete the first two sections of the form to expedite the certification. You can print the certificate from the [website](#).
- If you have been taking a medication for a long time and it has the potential to cause sedation or dependence, then please obtain a statement from the prescribing doctor stating the effect of the medication on your driving ability.

### **What does not happen during the visit?**

- Your visit will NOT be a thorough, complete physical examination. Your provider will examine you, but the exam will be based on your risk factors and FMCSA requirements.
- Your visit will NOT cover or treat any established chronic diseases.
- The DOT visit is NOT the time to adjust medications. Your provider may choose to do so if it will affect your driving ability.

### **How much does it cost and who pays for it?**

- Prepayment of \$206 is required at the time of the visit. There may be additional cost if any further testing is required.
- You may ask your motor vehicle employer to pay the fee for the visit.
- If you choose to bill your insurance company, then it is your responsibility to verify your benefits and coverage with your insurance.