

EvergreenHealth Geriatric Care serves the community's medically complex senior population and their families with a comprehensive approach to care and services. The team approach includes care provided by physicians, mid-level providers, nurses, social workers and pharmacists. From physical to mental health, the team focuses on keeping family, community, independence, function and quality of life central to their care.

The practice achieves low hospital readmission rates among seniors by partnering with patients, their families and other health care providers to ensure a smooth transition to recovery. In 2014, just 11 percent of EvergreenHealth senior patients were readmitted to the hospital within 30 days of discharge, which is significantly better than Washington state's average readmission rate of 15.5 percent and the national rate of about 18 percent.



PICTURED LEFT TO RIGHT: SONIA AND RAY JOHNSON, CONNIE SMITH, M.D.

More Services for Seniors

Horizons

Senior health and wellness resources encourage and support a healthy, happy and injury-free lifestyle at locations conveniently located throughout the community.

Kirkland Senior Council

This dedicated group advocates for community programs and services that meet the needs of adults age 50 and over in the community, often making recommendations to the Kirkland City Council on matters affecting seniors including fitness, pedestrian safety and elder abuse.

Kirkland Steppers

Organized walks promoting health and wellness for walkers age 50 and beyond take place in downtown Kirkland twice a week throughout the summer months.

Northshore Senior Center

Older adults are encouraged to improve their physical and emotional well-being through the Evergreen Enhance Wellness programs at Northshore Senior Center in Bothell.

“We’ve been to many different doctors and clinics, and the staff at EvergreenHealth are truly fantastic. Everything is coordinated between our heart doctors, pharmacists, and even clinical tests. All of our providers are always informed, and the best part is that they all seem to really care.” —Ray and Sonia Johnson

In 2014, the team focused on creating tools to care for patients with memory disorders. Geriatric Care Medical Director Dr. Connie Smith worked alongside experts including Virginia Mason’s Dr. Nancy Isenberg, a cognitive neurologist; Dr. David Likosky, medical director of The EvergreenHealth Neurosciences Institute; and Dr. Michelle Jeannette, a psychiatrist at EvergreenHealth, to create a tool box to

aid primary care providers in memory care evaluation and consultation. A pilot program was designed to expand the interdisciplinary approach to EvergreenHealth Primary Care practices by providing geriatric consultations to primary care patients with complex needs related to cognitive disorders.

The team also began work to develop a new model of care aimed

at addressing senior health in light of the community’s rapidly aging population. Under the new model, experts in geriatric care will provide consultative services to patients from our primary care practices. Patients, their families and caregivers and their primary care provider can access the interdisciplinary team for the necessary support to provide the right care.

EvergreenHealth Expands RN Care Management Services



In 2014, EvergreenHealth expanded its RN Care Management Program as part of its commitment to partner with all patients to enrich their health and well-being and provide assistance in navigating the health care system. Dedicated RN care managers support patients with one-on-one outreach to proactively address their health care needs and identify any potential issues based on their personal family history or existing chronic conditions. As true advocates for community health, RN care managers lead patients through the health care system, collaborating with providers to remove any potential barriers to achieving the best outcomes, and ensuring patients receive the referrals, education and coordinated treatment to thrive.